## **ABSTRACT**

The invention relates to a dumping fixing means for components and cards supporting a printed circuit and components.

Said means is characterised in that, once mounted, said means has a flexible part (PS) between the ends (EX) thereof and arrangements for facilitating the use thereof.

In particular, said means is suitable for reducing the risk of failure in electrical and electronic systems.

The above may be used as a replacement for or in addition to conventional or non-conventional fixing means.